

# BREAST HEALTH HISTORY

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**What is the reason for today's visit?**

- Routine visit for clinical exam or mammogram
- Breast pain or discomfort                      Lt              Rt       Treatment of breast cancer                      Lt              Rt
- Breast lump    Lt              Rt       Consult regarding a breast tumor                      Lt              Rt
- Abnormal mammogram                              Lt              Rt       High risk for cancer in family                      Lt              Rt
- Second opinion    Lt              Rt       Other \_\_\_\_\_

Should we send a report to your physician? \_\_\_\_\_ If yes, who? \_\_\_\_\_

**Breast Health History**

Have you ever had a mammogram?              No              Yes

When did you have your last mammogram \_\_\_\_\_ Where was it done? \_\_\_\_\_

Do you do self breast exam?                      No              Yes

Do you have any of these symptoms? If yes, before, during or after your period?

- |                  |    |     |            |               |    |    |
|------------------|----|-----|------------|---------------|----|----|
| Tenderness       | No | Yes | When _____ | Which breast? | Lt | Rt |
| Swelling         | No | Yes | When _____ | Which breast? | Lt | Rt |
| Nipple discharge | No | Yes | When _____ | Which breast? | Lt | Rt |
| Lump or mass     | No | Yes | When _____ | Which breast? | Lt | Rt |
| Other: _____     |    |     |            |               |    |    |

**Reproductive History**

At what age did you start your menstrual period? \_\_\_\_\_

Date of last menstrual period? \_\_\_\_\_

If stopped, What age were you? \_\_\_\_\_

Have you had a hysterectomy?              No              Yes

Were your ovaries removed?                      No              Yes

How many times have you been pregnant? \_\_\_\_\_

How many children do you have? \_\_\_\_\_

How old were you when you had your first child? \_\_\_\_\_

Did you breast feed?                                      No              Yes

Have you ever taken birth control pills?              No              Yes

Have you ever taken hormone replacement?      No              Yes

How long? \_\_\_\_\_ Age started: \_\_\_\_\_

How long? \_\_\_\_\_ Age started: \_\_\_\_\_

**Family Breast History**

Has anyone in your family had breast cancer? No              Yes

If yes, please note at what age: \_\_\_\_\_

- |                |                            |                            |
|----------------|----------------------------|----------------------------|
| Mother _____   | Maternal Aunt _____        | Paternal Aunt _____        |
| Daughter _____ | Maternal Grandmother _____ | Paternal Grandmother _____ |
| Sister _____   |                            |                            |